

CTDHS Athletics Carnival 2025 – Day One										
Time	2	3	4	5	6	7	8	9	10	
		•				•		•		
11.30	Welcome and Carnival briefing									
11.40 – 12	100m	100m	Gumboot	Rest	Long	Shot	400m	Jav	Rest	
12 – 12.20	Vortex	Turbo	100m	Gumboot	Gumboot	Long	Shot	400m	Jav	
12.20 – 12.40	Rest	Rest	Turbo	100m	100m	Rest	Long	Shot	400m	
12.40 – 1pm	Turbo	vortex	Rest	Rest	Rest	Discus	Rest	Long	Shot	
1-1.20	400m	400m	Vortex	Turbo	Turbo	Rest	Discus	Rest	Long	
1.20 - 1.40	Shot	Shot	400m	Vortex	vortex	100m	Rest	Rest	Rest	
1:40-2:00	Rest	Long	Shot	400m	400m	Rest	100m	Discus	Rest	
2:00-2:15	Gumboot	Rest	Long	Shot	Shot	Jav	Rest	100m	Discus	
2:15-2:30	Rest	Gumboot	Rest	Long	Rest	400m	Jav	Rest	100m	
2:30-2:45	Pack up and House Points									

		CTDHS Athletics Carnival 2025 – Day Two									
Time	2	3	4	5	6	7	8	9	10		
9.10 – 9.40			•	Re	elays Grade 3-	10		•	•		
9.40 – 10.00	Rest 200m			200m Rest		Triple Jump		High image			
10.00 - 10.20								High	High jump		
10.20 - 10.40		High Lugan		Disaus		80	800m		Rest		
10.40 - 11.00	Long jump	<sup>1</sup> High Jump		Discus		R	Rest		800m		
11.00 - 11.20	Discus			High Jump		20	200m		Rest		
11.20 – 11.40						R	Rest		200m		
11.40 – 12.00	Rest 800m			8	800m				Tuinda lunas		
12.00 - 12.20				Rest		High Jump		Triple Jump			
ECE events/catch up time 12.20 – 12.50				K-1 runni	ing events on t	the track.					
12:50 – 1:20	2 - 6 Novelty Events (egg and spoon & sack race)					7-10 Gumboot and Vortex throw					
1:20 - 1:40	Rest					7-10 Novelty Events (egg and spoon & sack race)					
1:40 - 1.50	Tug-o-war (2, 3/4, 5/6)					Rest					
1.50 – 2.00	Rest						Tug-o-war (7/8, 9/10)				
2.00 – 2.10	Time/weather permitting staff/parents vs students relay										
2.10 – 2.30	Pack up & House Champions Students move back to classrooms										

## Kinder – Grade 1 Program Thursday (situated on grassy area in front of office, spectators in flagged areas)

Time	Kinder Group 1	Prep Group 1	Prep Group 2	One Group 1	One Group 2	One Group 3	
11:30 – 11.35	Parachute	Turbo Jav	Sack Race	Vortex	Frisbee	Gumboot	
11:35 – 11:40	Hurdles	Parachute	Turbo Jav	Sack Race	Vortex	Drink break	
11.40- 11:45	Gumboot	Hurdles	Parachute	Turbo Jav	Sack Race	Frisbee	
11.45 -12.00	Drink break	Gumboot	Hurdles	Parachute	Turbo Jav	Vortex	
12:00 – 12:05	Frisbee	Drink break	Gumboot	Hurdles	Parachute	Sack Race	
12:05 – 12:10	Vortex	Frisbee	Drink break	Gumboot	Hurdles	Turbo Jav	
12:10 – 12:15	Sack Race	Vortex	Frisbee	Drink break	Gumboot	Parachute	
12:15 – 12:20	Turbo Jav	Sack Race	Vortex	Frisbee	Drink break	Hurdles	
12.20 – 12.50pm (on Athletics	50m Sprint		50 Sprint		50 Sprint		
Track)							
	Teddy Bear Race		Teddy Bear Race		Teddy Bear Race		
Egg and Spoon			Egg and Spoon		Egg and Spoon		