



7th May 2020

Principals Report

Welcome back. It has been a very different start to Term 2 but learning is well underway in our changed environment. Thank you to parents for your support during this time.

Online Learning

Students learning online will have their learning program on Canvas updated Monday mornings. Students working with paper resources at home will be able to drop off completed work and pick up new learning materials from 2:00pm Thursday 7th May or collect them from Ross or Avoca at 3:30pm on Friday 8th May.

For students online conferences will be in full swing for all classes next week – a timetable of conference times will be published on our school facebook page.

If you wish to change your students learning preference this term e.g return to school, we do require 24 hours notice via the school office or myself to ensure all appropriate arrangements can be made to ensure all our children are in the safest environment possible. We are fast approaching having 50% of our students attending and need to adjust timetables to ensure we can maintain safe distancing and appropriate cleaning, along with having learning materials ready to go.

Attendance Term 2

During this term staff still need to mark attendance appropriately which will require them to have evidence of students learning from home participating in the learning program. If we are unable to speak with students or are unable to collect evidence of learning we will have to reflect this in our attendance marking.

Students working during Term 2

I understand that our learning environment currently looks different for students, however there are some requirements that remain unchanged. Students are currently learning from home or learning onsite at school. During school hours students must be engaged in a learning program therefore students are not permitted to be employed during school hours.

Please support us to ensure every child at Campbell Town District High School receives the very best education by ensuring your child is at school or at home learning everyday.

📱 Mobile Device Policy

A reminder that our 'Off and Away' Mobile Device Policy now applies to all students.

The decision to restrict the use of mobile phones during the school day will minimise distraction from learning and encourage healthy and positive personal interactions.

All communication with students during the school day must go through the school office.

Our students have transitioned to this policy exceptionally well this term.

Thanks again for a great start to the term. Please do not hesitate to contact the school if you have any questions or concerns.

Cindy Johnston
Principal



Tasmanian Premier's Reading Challenge

The Tasmanian Premier's Reading Challenge began at the start of Term 2 and continues until the end of Term 2 for all Primary students. Secondary students can also participate if they wish to.

To complete the challenge you need to read 10 books in 10 weeks; you can read more if you wish; just add an extra reading log page to your log book. Reading logs are available from your class teacher or online.



Visit <https://premiersreadingchallenge.tas.gov.au/> for more information.

You can download the reading log and the extra page from https://premiersreadingchallenge.tas.gov.au/Documents/2019_PRC_Reading_Log-type_into.pdf

All students who complete their reading logs will go into the draw to win book prizes.



Playground

The School Playground – will be operational for students during school times, but closed to the general public and closed to everyone after hours. This will allow us to do the extra cleaning on the equipment to ensure that children can enjoy the playground as part of their school day.

School Pick-ups & Drop-offs

To minimise interactions on site, we ask for parents to drop students off at the external doors where possible. If you have a smaller child, who has not been well, please make arrangements to not bring them into the school. CTDHS operates from a stay safe position and appreciate all the help and assistance that has been given by our parents and helpers to date.

CTDHS takes every effort to support keeping our children safe. We will continue to keep you updated on all relevant changes as they occur.

COVIDSafe app

Play your part in helping stop the spread of covid-19



New tool

The COVIDSafe app is a new tool, alongside testing and social distancing, to help stop the spread of coronavirus in Australia.



Timely notifications

It will help to keep Australians safe by speeding up the process of notifying people who have been in contact with someone with coronavirus.



Contact tracing

Created solely as a public health initiative, the app uses mobile phone technology to automate and improve the contact tracing that state and territory health officials are already doing manually.



Helping to protect

By downloading the app, you will help protect yourself, your family and your community.



Privacy and security

COVIDSafe has been developed to ensure your information and privacy is strictly protected. You can delete the app and all the app information from your phone at any time. The app only uses the information that's needed to identify close contacts and allow health officials to contact them and provide advice.



The more people who use the app, the more effective it will be.

For more information visit
www.coronavirus.tas.gov.au



Tips to maintain a healthy headspace during this time

- 1 Be mindful of exposure to information through stories, traditional and social media. It can be helpful to take a break from the 24-hour news cycle
- 2 Do things that make you feel safe and connected, and be with those who are helpful to your wellbeing
- 3 Engage in activities that promote a sense of calm and feeling grounded (use of alcohol and other drugs can be counterproductive with this)
- 4 Our **7 tips for a healthy headspace** demonstrate simple and effective things that can help people to create and maintain a healthy headspace, irrespective of whether they have been affected by COVID-19 or not
- 5 It can help to talk with a trusted adult if it all feels a bit much.

When should I get help?

If you ever feel unable to cope because of overwhelming or intense emotions, or if you have any thoughts of harming yourself, then ask for help immediately.

National 24/7 crisis services

- Lifeline: 13 11 14 or lifeline.org.au
- Suicide Call Back Service: 1300 659 467 or suicidecallbackservice.org.au
- beyondblue: 1300 224 636 or beyondblue.org.au

Additional youth support services

- headspace: visit headspace.org.au for headspace or more information
- Kids Helpline: 1800 55 1800 or kidshelpline.com.au
- ReachOut: reachout.com
- SANE Australia: 1800 187 263 or sane.org

Talk with a trusted adult, such as a parent, teacher, school counsellor or find out if there is a headspace centre near you.

Speak to your local doctor or General Practitioner (GP) and help make a plan for your recovery. Or you can search for a health service and GP on healthdirect.



KEEPING CONNECTED AND SUPPORTING LEARNING

The way your child learns at home may be different from how they have been learning at school. As a parent or carer your role is not to replace the teacher. It is to support your child or young person's learning provided by the school.

Over the coming days you will be provided with learning activities and information to support learning at home. The learning activities that are provided may be online, offline or a combination of both. The learning will be designed to meet your child's needs and adjusted for the home environment.

Juggling learning at home, work and family may bring both joy and challenges. This is new for everyone, so keep connected to your school, family and friends to support learning and wellbeing.

Help your child or young person feel safe, secure and connected. To do this you can:

- Keep in regular contact with the school and teacher/s
- Take time to find what works best for your family, not every day will work out as planned
- Encourage them to do their best and help them when you can
- Support them to connect with other students and friends online or by phone, for learning and social reasons
- Keep to the normal routines of sleep, meal times, exercise and free time.

A range of resources to help you talk with your child or young person's wellbeing are available through [Learning at home - Wellbeing](#)



SETTING UP FOR THE LEARNING

Talk with your child about starting to learn at home.

- Involve your child or young person in creating a space with the things they need for learning
- Consider their age and independence when choosing and setting up the learning space
- Help them keep learning materials organised
- Use what you have available at home and what is provided to you by the school
- Remember to use safe outdoor spaces for learning and activity throughout the day



DEVELOP A ROUTINE

Having a daily routine helps your child or young person get ready for and focus on their learning. You can support their learning by:

- Involving them in establishing a daily routine
- Displaying the daily routine so everyone in the family can see it
- Helping your child or young person set up for the day's learning
- Being prepared for things not going to plan and being flexible
- Taking time to set up a routine that works and adapting it as you need to
- Taking regular breaks throughout the day
- Talking with your child or young person about the day's learning and noting down what you need to discuss with their teacher.



LINKS TO MORE INFORMATION

- [Learning at home](#)¹ on the Department of Education website



¹ <http://www.education.tas.gov.au/learning-at-home/>



ANZAC DAY

BY DARCY & DECLAN
(PRESS CLUB)

ANZAC Day is a day where we take time to mourn and commemorate the brave soldiers that sacrificed their lives, bodies & souls for the future of Australian generations.



This year ANZAC Day was a bit different due to the outbreak of Covid-19. But this didn't stop people around Australia from commemorating the fallen soldiers of our past.

On Saturday 25th April Australians walked out into their driveways at 6:00am and 11:00am to commemorate with a moment of silence. As the silence swept the Nation, the Last Post was played over the PA system at Campbell Town District High School, which could be heard throughout the community.

Although the weather was cold and it was almost snowing, there was a good turnout of community members and school students who participated by paying their respects. Some of our students dressed up in army uniforms or wore their Great Grandparents war medals.



Learning from Home

By Isabella (Press Club)

This term approximately 55% of Campbell Town District High School Students are learning from home due to the Covid-19 virus. Some students have been learning at home from Week 7 in Term 1. The other 45% of our students are attending school. At school we are following all the instructions that we have been given to follow from the Government regarding hand washing and social distancing. The students that are learning at home are using CANVAS to access their learning with their devices and/or using paper based learning which our teachers are sending home each fortnight. One of our Grade 7 students described their feelings about learning at home as follows:



"At the moment I am really enjoying being home because I get more time with my family, but I really miss school and my friends because I get lonely. I thought I would get more sleep while this is happening but I haven't."

One of our Grade 8 students has described their experience learning from home by saying:

"I am loving doing school from home because I seem to get more done in my own time. However I miss my friends and I'm keen to go back to school to see them and to get out of the house."

The reason the Government has asked students to work from home if possible, is to minimise movement in our community and to allow for social distancing to prevent the spread of the Covid-19 virus.

We are looking forward to seeing everyone back at school when the Government lifts the restrictions. We are missing you all.



MAKE A MOTHER'S DAY GIFT OR CARD COMPETITION



Happy
Mother's
Day



****Plus a box of chocolates for your Mum**

**Conditions apply*

Go to <https://www.northernmidlands.tas.gov.au/source-assets/images/Mothers-Day-Comp-2020.pdf>

Calendar Term 2 2020


2	<u>4th May</u>	<u>5th May</u>	<u>6th May</u>	<u>7th May</u>	<u>8th May</u>
		Tasmanian Premier's Reading Challenge			
				- Exchange of Students Home Learning	
3	<u>11th May</u>	<u>12th May</u>	<u>13th May</u>	<u>14th May</u>	<u>15th May</u>
		Tasmanian Premier's Reading Challenge			
4	<u>18th May</u>	<u>19th May</u>	<u>20th May</u>	<u>21st May</u>	<u>22nd May</u>
		Tasmanian Premier's Reading Challenge			
				- Exchange of Students Home Learning	

Kindergarten to Grade 10 Student Free/Moderation Days

Monday 20th July, Friday 30th October

Grade 11/12 Student Free/Moderation Days

Friday 4th September




**GRADE 7 AND GRADE 10
IMMUNISATIONS**

DUE TO COVID 19 THE SCHOOL IMMUNISATION PROGRAM SCHEDULED FOR THIS TERM WILL NOT BE RUN.

PLEASE VISIT YOUR OWN GP IF YOU WISH YOUR CHILD TO RECEIVE THE FOLLOWING IMMUNISATIONS:

GRADE 7 - BOOSTRIX AND HUMAN PAPILLOMAVIR (HPV)
GRADE 10 - MENINGOCOCCAL (ACWY)



Term Dates 2020

Term 2 - Monday 27th April to Friday 3rd July

Term 3 - Monday 20th July to Friday 25th September

Term 4 - Monday 12th October to
Thursday 17th December

CONTACT DETAILS

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